Shepherd Programs Relational Care



Early Childhood

Minnie Hartmann Neighborhood Childcare

- 6 weeks-4 years old
- Childcare for elementary aged siblings offered during after school hours and breaks
- Income based payments and CCDF accepted

Project Jordan

Designed to provide community with other parents and further education through topics in support of the maternal role and their child's appropriate developmental stage through group and individual, personalized meetings

- Who: Parents of children ages 0-3
- Group Meetings
 - Monthly
 - Location: Shepherd Community Center Church
- Individual Meetings
 - o 2x month, determined by parent and Pamela
 - In person and virtual through Zoom when necessary
- Leader Info:
 - Pamela Rodriguez

School-age

Academy

Shepherd Academy

- PreK4-5th grades
- Location: Shepherd Community Center

Breakfast and lunch provided

Elementary & Middle/High School

Summer Excel Programs

- Elementary Program
 - Incoming 1st-6th grades
 - o 6 weeks, Mon-Fri 8am-3pm
 - Breakfast and lunch provided
- E2E (Middle School/High School Program)
 - Incoming 7th-12th grades
 - o 6 weeks
 - Breakfast and lunch provided

After School Programs

- E. Washington Elementary Program
 - 1st-6th grades (from any school)
 - o Mon-Thurs 3-6pm
 - Snack and dinner provided
 - Location: Shepherd Community Center
- School 58 Elementary Program
 - 3rd-6th grades (School 58 students only)
 - o 3:45-5:45pm
 - Snack and dinner provided
 - Location: IPS School 58
- E2E (Middle School/High School)
 - 7th-12th grades
 - Tues-Thurs 3-6pm
 - Snack and dinner provided
 - Location: Cornerstone Church
 - Opportunities to explore future and career goals (visits to colleges, trade schools, local businesses, etc.)

Family Services

Food

- Shepherd Food Pantry
 - What: Non-perishables, meat, milk, produce, eggs, drinks, snacks, etc.
 - When: Saturday mornings (8:30-10:30 AM), except holidays and 5th Saturdays
 - Where: Shepherd Community Center (Main Building, Door G)
 - Bring: proof of address
- Gleaners Food Distribution
 - What: Fruits, vegetables, meat, dairy, starches, and various forms of snacks
 - When: Every 1st and 3rd Friday from 3-5pm
 - Where: Shepherd Community Center parking lot (4107 E. Washington St.)
 - Cost: FREE!
- Shepherd Food Deliveries
 - For neighbors who are homebound, lack transportation, or can't get to food pantry on Saturday
 - Weekly Food Boxes
 - Non-perishables, meat, dairy, produce, eggs
 - Delivered every Wednesday
- Gleaners Food Deliveries
 - Non perishable boxes and/or frozen meals
 - Every weekday (must call to schedule)
 - o Text Gleaners to 55433 or call (317) 742-9111 (English and Spanish)

Financial

- MoneyCanvas Course
 - Personalized financial management and budgeting meetings with financial coach and Shepherd employee
 - In person or virtual
 - English and spanish (spanish is virtual only)
 - Continued accountability
- Financial Compassionate Assistance
 - Assistance paying bills (rent, utilities, application costs, etc.)
 - Used at discretion of family services and in part with other Shepherd services/programming or agreement that allows neighbor to actively participate in reaching greater potential
 - Referrals when help through Shepherd is not available or best option
- Energy Assistance Program

Low Income Home Energy Assistance Program (LIHEAP)

- One time annual assistance paying heat and electric bills
- Assistance understanding and filling out application
- Item Needs
 - Furniture
 - Items vary based on donations
 - Diapers/wipes
 - One sleeve and one bag of wipes per month per child
 - Used at discretion of neighborhood engagement, family services, and Project Jordan

Mental Health/Addiction

- Counseling Resources
 - FREE Mental Health Counseling (all ages)
 - Monday-Friday 8am-4pm
 - Location: Shepherd Community Center
 - Appointment required
 - English and spanish speaking options
- Shepherd & New Day Addictions Program
 - Initial assessment
 - o Intensive Outpatient (IOP) treatment and counseling
 - https://thenewdaycenter.com/
- Additional outside referrals if necessary

Medical

- General Wellness Check
 - Check in from our IMPD officer and IEMS
- Healthcare and Insurance
 - Connection to primary care and other medical services
 - Referrals for navigating health insurance, health care plans in network, etc.
- FREE Prenatal Vitamins
 - To any expecting mother

Employment & Adult Education

- Employment Program
 - Assistance seeking new/better employment or job training opportunities
 - Interview skills
 - Cover letters
 - Resume building
 - Follow up support
- Referrals to obtain High School Equivalency (HSE)/General Education Degree (GED)

Relational Care

Paraclete Program

Paraclete: a helper, advocate; someone who walks alongside of

This program exists to empower our neighbors through cultivating meaningful connection and walking authentically and intentionally alongside them.

Neighborhood Engagement

Spiritual care, referrals to FS, planning family/student activities, etc.

Partnerships

Send referrals to them

Provide resources to us and updates on those referred

Indiana Legal Services

Immigrant Welcome Clinic

Neighborhood Christian Legal

Provide free services onsite every Saturday